

From the Nature & Health Magazine

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Natural Solutions Retreat

Jennifer Harbottle has the scoop on the best babymoon destinations.

3 TOP SPA RETREATS for ... babymoons

Indulge in the ultimate relaxation before the arrival of your baby – it could be your last lie-in for a while!

Witches Falls Cottages:

Perfect for mums-to-be wanting a homely touch. Relax with a pregnancy massage in the comfort of your own cottage, complete with roaring fire and a double spa under the stars. www.witchesfallscottages.com.au

Peppers Retreats:

Choose from a selection of resorts throughout Australia offering dedicated babymoon packages – we love their Pier Resort in beautiful Hervey Bay. www.peppers.com.au

Elegant Resorts and Villas:

Offering babymoon packages in some of the world's most exclusive destinations, including the Sofitel Fiji with its signature Bera Bera massage aimed at pregnant spa-goers. www.elegantresorts.com.au